



Add a little *Spice* to your work day with our
Lunch Menu

Signature Wraps

Choose an Assortment of 4

Includes 1 Side Salad (Green, Caesar, Orzo, Pasta or Potato Salad)
Cookies · Assorted Drinks · Paper Goods

Roast Turkey Breast *with Plum Tomato, Field Greens, Bacon, Cheddar Cheese, Fresh Avocado Slices, Herb Mayonnaise*

Italian Turkey *with Fresh Spinach, Roasted Red Pepper, Red Onion, Provolone Cheese, Sun Dried Tomato Mayonnaise*

Summer Chicken Salad *made with Granny Smith Apples, Chopped Walnuts & Mayonnaise served with Plum Tomato & Field Greens*

Thai Chicken Salad *made with Pecans & Basil Mayonnaise, served with Spicy Thai Chili Sauce, Plum Tomato & Field Greens*

Grilled Chicken Caesar *with Romaine Lettuce, Aged Parmesan Cheese, Sun Dried Tomato, Classic Caesar Dressing*

Herb Crusted Beef Tenderloin *Served Sliced with Red Onion, Cheddar Cheese, Lettuce, Plum Tomato & Horseradish Mayonnaise*

Tuscan Wrap *with Baked Ham, Genoa Salami, Provolone Cheese, Roasted Red Peppers, Red Onion, Field Greens, Peppercorn Dressing*

Mixed Grilled Vegetables *combination of Zucchini, Yellow Squash, Caramelized Red Onion, Mozzarella, Field Greens, Plum Tomato, Pesto Mayonnaise*

Spinach Wrap *with Baby Spinach, Roasted Mushrooms, Boursin Cheese, Plum Tomato, Alfalfa Spouts, Field Greens, Sun Dried Tomato Mayonnaise*

Albacore Tuna *with Field Greens, Plum Tomato, cheese*

Sandwiches are also available on Artisan Rolls for an additional fee

Minimum order is 12 · Delivery not included · Eco-friendly paper goods available, please inquire

Signature Salads

Choose 1 Salad

Includes Assorted Rolls and Butter · Cookies
Assorted Drinks · Paper Goods

Summer Chicken Salad: *Grilled Chicken, Field Greens, Fresh Berries, Mandarin Oranges, Feta Cheese, Our Signature Spiced Nuts & Raspberry Vinaigrette.*

Substitute Grilled Salmon or Shrimp for an additional fee

Grilled Chicken Caesar Salad: *Grilled Chicken, Romaine Lettuce, Garlic Croutons, Parmesan Shards, Classic Caesar Dressing.*
Substitute Grilled Salmon or Shrimp for an additional \$3.50 pp.

Cobb Salad: *Grilled Chicken Breast, Bacon, Tomato, Crumbled Blue Cheese, Cheddar Cheese, Chopped Egg, Scallions, Field Greens, Classic Vinaigrette*

Asian Noodle Salad: *Sesame Ginger Chicken, Spinach, Bell Peppers, Napa Cabbage, Sprouts, Cucumbers, Scallions, Cilantro, Asian Noodles, Spicy Lime Ginger Vinaigrette*

Choice of Drinks

Canned Soft Drinks

Diet Coke/Coke/Sprite/Ginger Ale

Fresh Brewed Columbia Coffee & Herbal Teas can be ordered for an additional fee

Individual Bottles of Spring Water

Assorted Snapple Drinks

Individual Bottles of Sparkling Water

à la carte Items

à la carte items are available only as an addition to your lunch order

Field Green Salad: *English Cucumber, Pear Tomatoes, Garlic Croutons, Choice of Dressing*

Classic Caesar Salad: *Garlic Croutons, Parmesan Shards, Classic Caesar Dressing*

Orzo Salad: *Roasted Red Onion & vegetables*

Chef's Pasta Salad *with Seasonal Vegetables, Pesto Mayonnaise*

Dill Potato Salad: *Baby Potatoes with Herb Mayonnaise & Dill*

Mediterranean Couscous

Kalamata Olives, Feta Cheese & Chopped Tomato

Grilled Vegetable Platter, *Balsamic Glaze*

Assorted Chips

Additional Cookies

Brownies

Assorted Dessert Bars

Seasonal Fruit Platter

CT Farmer's Market Fruit Pies